



LIMITED AVAILABILITY OF MSC CERTIFIED PRODUCT



OUTER
1 x 30 LB. (14/16)



INNER
1 x 10 LB. (10/12)



NORTH ATLANTIC

WHOLE COOKED LOBSTER

Seamaz[®] North Atlantic lobsters are wild-caught from the cold North Atlantic waters and processed at the peak of freshness. This ensures that they will always arrive at the table firm, succulent and full of sweet, rich taste.

Features & Benefits

- All natural, wild-caught North Atlantic lobsters are cooked & processed to the highest quality Seamazz[®] specification. Uniform and rigid cooking procedure ensures a consistent product to all customers.
- Frozen lobster has a longer shelf life and allows for greater flexibility and inventory management versus live lobster.
- Pre-cooked lobster saves time in the kitchen; just thaw and reheat.

Product Form & Master Carton

Sizes: 10/12 (300/350g), 12/14 (350/400g),
14/16 (400/450g), 16/20, 20/UP
Master Carton: 1 x 10 lb., 1 x 30 lb.
Every lobster is individually netted.

Food for thought

Though considered a rich and decadent food, lobster meat contains fewer calories than an equal portion of skinless chicken breast. It also boasts healthy omega-3 fatty acids, potassium and the vitamins E, B-12 and B-6.



Mazzetta Company, LLC[®]
Highland Park, IL 60035 | 847.433.1150



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